









Flex Learning Board - Preschool

Parents & Guardians: The activities below are *optional* for you to complete with your child at home.

Question of the day: If you could help make outside more beautiful, what would you do?

Language and Literacy 	Math 	Science 	Large Motor/ Music 	Art/ Sensory/ Fine Motor 	Social/ Emotional 
Finding Words	Finding Rocks	Spring Walk	Hide and Seek	Writing with Sticks	Fresh Air
<p>Look for words in the world around you. See if you can find a sign with letters/words on it. (Look outside, on a drive or inside.)</p>	<p>Find 5 rocks outside. (Or, find 5 objects in your home.)</p>	<p>Look for signs of spring! You might find flowers, buds on trees, green grass, birds, or even a worm.</p>	<p>Play hide and seek outside (or inside).</p>	<p>Find a stick and draw in the sand or mud.</p>	<p>Try breathing exercises outside in the fresh air.</p>
